

LRF

**Northamptonshire
Strategic
Coordination Centre**

Date: 01/04/2020

Community Resilience Update

Welcome to the first of many updates from your Community Resilience Hub!

Please make sure you add our email address to your safe senders list as we will be sending information to you on a regular basis. Updates will follow on safeguarding, handling money and more which we don't want you to miss out on.

What is the LRF?

The Local Resilience Forum is made up from key organisations across Northamptonshire such as, emergency services, health and local authorities who put in place plans under the Civil Contingencies Act 2004. These organisations are now operating within the strategic coordinating centre to respond to this pandemic outbreak. As part of this response you as volunteers are our key links providing the vital support needed by our communities.



Our Community Resilience Hub led by Joanne Maddams (front)

Why are you receiving this update?

You/your community group signed up to support Northamptonshire residents during the Coronavirus pandemic.

This is in addition to the Government's NHS volunteer scheme and those that are providing support to those that are shielding. We are co-ordinating a local effort along with other councils and partner organisations for people to help their community.

We asked for volunteers who can offer help with:

- tackling loneliness through phone or face-to-face contact, where appropriate
- prescription collection for someone who finds themselves unable to leave the house
- community support such as transporting items between foodbanks or helping in a kitchen
- making a phone call to those who are lonely or isolated

Thank you so much!



Firstly, a big thank you to you all. We have had over 10,000 people offer to support Northamptonshire residents during this difficult time which is amazing.

Here in the Community Resilience Hub we have been working alongside our district and borough colleagues to mobilise community hubs across the county to support people.

Key Locality Specific Information

The Community Resilience Hub are working with fantastic local Community Resilience teams in the Boroughs and Districts, these are:

Corby communityresilience@corby.gov.uk

Daventry communityresilience@daventry.gov.uk

East Northants communitydevelopment@east-northamptonshire.gov.uk

Kettering communitys@kettering.gov.uk

Northampton forums@northampton.gov.uk

South Northants healthy.communities@southnorthants.gov.uk

Wellingborough bcp@wellingborough.gov.uk

Support Line

Our support line is now live!

There are a large number of people across Northamptonshire who are currently in isolation for various reasons. These include individuals displaying symptoms of Coronavirus and those with existing health conditions, those who are pregnant or those aged 70 and above.



The new support line allows those who cannot leave their homes under current restrictions and those who have nobody to call upon for help, to request support in getting access to food, prescriptions and other vital services that they require.

The Community Resilience Hub will co-ordinate requests in conjunction with the District and Borough Councils, mapping the areas and then linking up with yourselves.

Those requiring help are asked to call the support line on the following number:

0300 126 1000 (option 5)

Key Public Messaging (National and Local)

CORONAVIRUS ADVICE

For most people, Coronavirus (COVID-19) will be a mild infection. If you live alone and you have symptoms of coronavirus illness (a new continuous cough and/ or high temperature), however mild, stay at home for **7 days** from when your symptoms started.

If you live with others, anyone who develops symptoms in your household must stay at home for 7 days – and **everyone else in the household who remains**

well must stay at home and not leave the house for 14 days. The 14-day period starts from the day when the first person in the house became ill.

Do not go to a GP surgery, pharmacy or hospital. You do not need to contact 111 to tell them you're staying at home. For more information about when to call 111 and advice about staying at home [click here](#).

From Monday 23 March 2020, the Government requires everyone to stay at home, except for very limited purposes. The Government is closing non-essential shops and community spaces and stopping all gatherings of more than two people in public. Every citizen must comply with these new measures and the relevant authorities, including the police, will be given the powers to enforce them – including through fines and dispersing gatherings. [Full details are available here](#).

Social distancing

All members of the public should remain at home unless absolutely necessary (for essential food supplies, medical care, essential work or one form of exercise per day but not in a group). Full details are available [here](#). Those who are over 70, have underlying health conditions or are pregnant are advised to be particularly stringent in following social distancing measures.

Shielding

Those who are extremely vulnerable (have organ transplants, specific cancers, severe respiratory diseases, have genetic conditions that increase risk of infection, are on immunosuppression therapies that significantly increase risk of infection or are pregnant with an underlying heart condition) to remain home at all times and avoid face-to-face contact.

Staying Social:

Regular social media (all partners)



Please regularly retweet:

<https://twitter.com/NHSEngland> NHS England

https://twitter.com/PHE_uk Public Health England

<https://twitter.com/mycountycouncil> - Northamptonshire County Council

<https://twitter.com/NorthantsEPTeam> - Northamptonshire Emergencies

Other accounts to keep an eye on and retweet as necessary:

Health

<https://twitter.com/NorthantsPH> - Northamptonshire Public health

<https://twitter.com/NHSNene> - Northants CCGs

<https://twitter.com/NHSCorby> - Corby CCGs

<https://twitter.com/NHFTNHS> - NHFT

<https://twitter.com/KettGeneral> - Kettering General Hospital

<https://twitter.com/NGHnhstrust> - Northampton General Hospital

Borough & District Councils

<https://twitter.com/KetteringBC> - Kettering Borough Council

<https://twitter.com/DaentryDC> - Daventry District Council

<https://twitter.com/NorthamptonBC> - Northampton Borough Council

<https://twitter.com/CorbyBC> - Corby Borough Council

<https://twitter.com/SNorthantsC> - South Northants Council

<https://twitter.com/ENCouncil> - East Northants Council

<https://twitter.com/BCWboro> - Wellingborough Council

Police/Fire/EMAS

<https://twitter.com/NorthantsPolice>

<https://twitter.com/northantsfire>

<https://twitter.com/EMASNHSTrust>